



Unified Field Therapy

J E A N N E F E L F E , N C T M B

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It's New ...
It's All About
Expanding
Consciousness... And It Started Here In
St. Louis!

What do Wayne Dyer, Neale Donald Walsh, Deepak Chopra, craniosacral therapy, Reiki and myofascial release all have in common? At one time, they all were known only within a small, local community; today, they are all now big names in their fields or widely known types of healing therapies. But they all had to start somewhere. What you may not know is that there's something beginning right in your own backyard here in St. Louis, which will one day be as well known. Are you in on this secret?

Unified Field Therapy (UFT) is beginning to attract attention, thanks to the diligent efforts of a core group of individuals who have put the effort into learning UFT and are now working with clients. Several years ago, Michael Linkogel, a Clayton-based therapist, began teaching what is now known as Shifting Consciousness. This is the culmination of his work and inner explo-

ration over the past 19 years. It began as a way to assist others in opening their worlds to possibilities with the goal being freedom through conscious living. Formal course material evolved and expanded into a variety of contexts. UFT was one such context and evolved because many students were therapists and wanted a way to apply the Shifting Consciousness material in a therapeutic setting. UFT is a unique therapy done both hands-on and hands-off, depending on the therapists' level of training, that is extremely broad in scope and ultimately transformational.

At first glance, one might think that UFT is a form of energy work, a paradigm that has increased in awareness, recognition and acceptance over the past fifteen years, but actually it is not. Unified Field Therapy initiates change through the integration and transformation of perceptual fields of consciousness allowing for new and expanded freedom of being. When fields of consciousness shift and expand, one often finds that physical, mental, emotional and energetic systems in and around the body also change as these new patterns permeate the various aspects of

one's self. To quote Michael Linkogel, "Unified Field Therapy goes far beyond being just a technique. It is a doorway to a personal journey that leads beyond the limited world one has known, into new, powerful frontiers of human experience and freedom. No aspect of one's life is left untouched."

Though only recently available, UFT already has people talking. Clients have expressed feelings of empowerment, pain relief, decreased chronic and acute physical symptoms, elevated emotional states, and expansion in perception of personal identity, to name a few responses. Many clients express that although they don't know what happened in a session, they have a deep knowing that something truly amazing has taken place and interestingly, continues to take place long after a session has ended.

I recently asked Michael where the material came from and isn't it just like

other approaches to personal growth and healing? His response? Where does any good idea come from? And no, it isn't just like other approaches and proceeded to illustrate why with a depth of knowing uncommon for someone who is only 32. I left that discussion with the same "knowing" ... that Unified Field Therapy is indeed unique and unlike anything else in its ability to transform one's level of personal freedom.

Every once in a while something new and genuinely different comes into our awareness. Unified Field Therapy and Shifting Consciousness are just such events. I invite you to "see" what's right here and beginning to awaken in St. Louis. We're on the front line to have access to this emerging and dynamic therapy. Come join in the healing revolution. For more information or to find a therapist, please visit www.unifiedfieldtherapy.com